**Dyslexia/dyspraxia check list** Date:

Name:

Tel Email:

1. Are you often late for appointments?

2. Do you have difficulty telling left from right?

3. Do you dislike reading aloud?

4. Are you a slow reader?

5. Do you find it difficult to remember what you have read?

6. Do you dislike reading long books?

7. Is your spelling poor?

8. Do you get confused when speaking in public?

9. Do you find it difficult to take telephone messages and numbers correctly?

10. Do you find it difficult to do simple mental arithmetic?

11. Do you ever reverse letters such as b and d and q?

12. Do you often find yourself substituting a word because you can’t find the one you want?

13. Do you find forms difficult and confusing?

14. Do you mix up bus numbers like 95 and 59?

15. Did you find it hard to learn multiplication tables at school?

16. If you are musical, do you find music difficult to read?

17. Do you read books for pleasure?

18. Did you have difficulty learning to tell the time on a digital/analogue clock?

19. Did you find it hard learning to ride a bike?

20. Do you have difficulty catching a ball?

21. Were you considered to be a clumsy child?